



**CLIENT INTAKE – CHILD & ADOLESCENT**

**1. Identifying & Family Information**

Child Name: \_\_\_\_\_ Date of Birth: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Age: \_\_\_\_\_ Sex: \_\_\_\_\_ Diagnosis (if any): \_\_\_\_\_

How were you referred to NewVu? \_\_\_\_\_

Parent/Guardian Name(s): \_\_\_\_\_

Parent/Guardian Occupation(s): \_\_\_\_\_

Address: \_\_\_\_\_

Phone: (Cell) \_\_\_\_\_ (Work) \_\_\_\_\_ (Other) \_\_\_\_\_

**Child Lives With:** \_\_\_\_\_ Mother \_\_\_\_\_ Father \_\_\_\_\_ Stepmother \_\_\_\_\_ Stepfather \_\_\_\_\_ Relatives

Fostered \_\_\_\_\_ Adopted \_\_\_\_\_

**Parents:** \_\_\_\_\_ currently together \_\_\_\_\_ separated \_\_\_\_\_ divorced \_\_\_\_\_ deceased \_\_\_\_\_ other

**Siblings:** Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_ Grade: \_\_\_\_\_

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_ Grade: \_\_\_\_\_

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_ Grade: \_\_\_\_\_

**Child's Race/Ethnicity:** \_\_\_\_\_ Caucasian, Non-Hispanic \_\_\_\_\_ Hispanic \_\_\_\_\_ Asian  
 \_\_\_\_\_ African American \_\_\_\_\_ Other (\_\_\_\_\_)

**2. Medical History**

Doctor's Name: \_\_\_\_\_ Phone/City: \_\_\_\_\_

Hearing/vision issues? \_\_\_\_\_ Allergies: \_\_\_\_\_

Date of last physical: \_\_\_\_\_ Dental problems? \_\_\_\_\_

Current medications: \_\_\_\_\_

Major operations, illness, accidents: \_\_\_\_\_

Has your child had any of the following? (Check all that apply and indicate approximate age)

\_\_\_\_\_ Seizures \_\_\_\_\_ Breathing difficulties \_\_\_\_\_ Head injury  
 \_\_\_\_\_ Frequent colds \_\_\_\_\_ Ear tubes \_\_\_\_\_ Asthma

List all recent evaluations and medical treatments your child has received (Neurologist Occupational Therapist, Dietician, Speech-Language Pathologist, Allergist, Physical Therapist, Tutor, etc.):

Professional Name & Title	Date of Eval/Treatment	Outcome/Goals



### 3. Nutrition

Current Supplements/Vitamins: \_\_\_\_\_

Dietary Restrictions: \_\_\_\_\_

#### Typical Diet

Breakfast: \_\_\_\_\_

Lunch: \_\_\_\_\_

Snacks: \_\_\_\_\_

Dinner: \_\_\_\_\_

### 4. Family History

In the child's family is there, or has there ever been, any of the conditions listed on the following checklist?

CONDITION	RELATIONSHIP/Paternal or Maternal	FURTHER INFORMATION
Psychiatric Issues (i.e. Bipolar, Schizophrenia)		
Depression or Anxiety		
ADD/ADHD		
Learning Disabilities		
Alcohol or Drug Issues		
Legal Issues or Arrests		

### 5. Developmental History

#### Prenatal and Perinatal period

Was the pregnancy planned? \_\_\_\_\_ How did parents feel about the pregnancy? \_\_\_\_\_

Was your child exposed to any drugs or alcohol in utero? \_\_\_\_\_ Premature? \_\_\_\_\_ Breast-fed? \_\_\_\_\_

Did the mother experience any post-partum issues, depression, anxiety?

Anything unusual about pregnancy or birth? \_\_\_\_\_

Labor was: \_\_\_\_\_ Difficult \_\_\_\_\_ Easy \_\_\_\_\_ Prolonged

Delivery was: \_\_\_\_\_ Vaginal \_\_\_\_\_ Cesarean \_\_\_\_\_ Forceps \_\_\_\_\_ Suction/Vacuum

Birth weight: \_\_\_\_\_ Birth length: \_\_\_\_\_ Age of Mother at birth: \_\_\_\_\_ Father: \_\_\_\_\_

Was the baby unusually: Fussy: Yes No Colicky: Yes No Quiet: Yes No

Were or are there any sleep problems? \_\_\_\_\_

Has child ever slept with parents? \_\_\_\_\_

Current sleeping arrangements: \_\_\_\_\_

#### Infant period: 0-18 months.

Circle yes or no. If yes, provide explanation.

High Fever?	Yes	No	_____
Easily frustrated?	Yes	No	_____
Cried often or difficult to soothe?	Yes	No	_____
Strikingly sluggish, inactive?	Yes	No	_____



Frequent ear infections? Yes No \_\_\_\_\_  
Difficulty sleeping? Yes No \_\_\_\_\_

Developmental Milestones: At what age did your child...

Sit up \_\_\_\_\_ Crawl \_\_\_\_\_ Walk \_\_\_\_\_ Talk \_\_\_\_\_

Childhood: 18 months – 9 years.

Circle yes or no. If yes, provide explanation.

Problems learning to hold a pen/pencil? Yes No \_\_\_\_\_  
Problems learning to ride a bicycle? Yes No \_\_\_\_\_  
Problems learning to read? Yes No \_\_\_\_\_  
Problems learning to write? Yes No \_\_\_\_\_  
Sensitivity to: clothing? Yes No \_\_\_\_\_  
                  sounds? Yes No \_\_\_\_\_  
                  other (textures, smell, etc.)? Yes No \_\_\_\_\_

Was toilet training easy or difficult? \_\_\_\_\_

Age stayed dry at night \_\_\_\_\_

Age toileted on own \_\_\_\_\_

6. Educational History

Current (or most recent) School: \_\_\_\_\_

Current Grade: \_\_\_\_\_ Primary Teacher(s): \_\_\_\_\_

How are your child's grades? \_\_\_\_\_ IEP/programs? \_\_\_\_\_

How does your child feel about school? \_\_\_\_\_

How does your child feel about the teacher(s)? \_\_\_\_\_

Describe your child's school performance including strengths and weaknesses.

7. History of Difficulty

Small spaces have been provided. Feel free to use the back of each page for additional space and write "over" next to the question.

What prompted you to seek help now? Describe your child's present difficulties at home and/or in school as you view them.

When your child misbehaves or engages in actions that are unacceptable to you, what methods of discipline have you used? Describe how and when you use the method and how successful it is or was.

Describe and rank your top 3 short-term goals for your child (i.e. behavioral, academic, social, emotional,



etc.). What is your top long-term goal for your child? (Please be as specific as possible.)

Tell me about any recent stresses, changes, or crises in your family, when they occurred, and how you think it may have affected your child, yourself, or the family. (i.e. working longer hours, family conflict, relocation, death/loss, relationship ended)

### 8. Emotional & Behavioral Health

Has your child ever seen a psychotherapist, psychologist, or psychiatrist? \_\_\_\_\_

If so, what did you and he/she like and dislike about it? \_\_\_\_\_

What was the outcome of the treatment or evaluation? \_\_\_\_\_

Please check any of the following that apply to your child:

- |  |  |  |   |
|--|--|--|---|
| <input type="checkbox"/> Argumentative       | <input type="checkbox"/> Defiant         | <input type="checkbox"/> Inattentive         | <input type="checkbox"/> Anxious          |
| <input type="checkbox"/> Physical Aggression | <input type="checkbox"/> Hyperactive     | <input type="checkbox"/> Tearful/Sad         | <input type="checkbox"/> Fearful          |
| <input type="checkbox"/> Tantrums/Outbursts  | <input type="checkbox"/> Stubborn        | <input type="checkbox"/> Impulsive           | <input type="checkbox"/> Withdrawn        |
| <input type="checkbox"/> Difficulty focusing | <input type="checkbox"/> Shy             | <input type="checkbox"/> Compulsions/Rituals | <input type="checkbox"/> Self-harm        |
| <input type="checkbox"/> Irritable/Moody     | <input type="checkbox"/> Stomachaches    | <input type="checkbox"/> Headaches           | <input type="checkbox"/> Nightmares       |
| <input type="checkbox"/> Appetite Change     | <input type="checkbox"/> Sleep Change    | <input type="checkbox"/> Lying               | <input type="checkbox"/> Illegal Activity |
| <input type="checkbox"/> Suicidal Thoughts   | <input type="checkbox"/> Suicidal Threat | <input type="checkbox"/> Low Motivation      | <input type="checkbox"/> Manipulative     |

How does your child handle new challenges and changes that occur? What is your child's response to stress?

Please describe any strange or unusual behaviors displayed by the child. Include any strange thoughts and ideas, seizure or tic-like behaviors, etc.

### 9. Social History

Child gets along best with:  Peers  Siblings  Younger children  
 Older children  Adults  Other (\_\_\_\_\_)

Does your child have close friend(s)? \_\_\_\_\_

How do you feel about his/her friends? \_\_\_\_\_

How interested is your child in social interaction? \_\_\_\_\_

What are your child's interests and hobbies? How do they spend their free time? \_\_\_\_\_

**Please add other information or questions that you believe are important on the back of this page.**